Arthroscopy Association of North America

25th Annual Meeting

Preliminary Program

May 18-21, 2006
The Westin Diplomat Resort & Spa
Hollywood, Florida
From the President

Dear Colleagues:

I would like to invite you to attend the Arthroscopy Association of North America’s 25th Annual Meeting in Hollywood, Florida on May 18-21, 2006.

The Program Committee under the direction of Chairman, Richard K.N. Ryu, MD, working together with the Education Committee Chairman, Richard L. Angelo, MD has assembled a tremendous scientific program focusing on the latest advancements in arthroscopic surgery.

23 Instructional Courses, 72 Scientific Papers, and 11 Master Lectures in Surgical Technique and Knowledge will be presented. In addition, we are pleased to offer 3 special symposiums on Friday afternoon as well as a Live Surgery Transmission by Freddie H. Fu, MD and John W. Uribe, MD

The Presidents of all International Arthroscopy Associations have been invited to represent their Associations and it is anticipated that the meeting will have a strong international representation.

This will be AANA’s Silver Anniversary. All of the Past Presidents and their spouses have been invited. A Dessert Gala Reception is being planned for Friday, May 19th and we hope you all will be able to attend.

We welcome all members, non-members, guests and spouses to this wonderful venue for what will truly be an exciting and enjoyable educational experience. I look forward to seeing you in Hollywood.

Sincerely,

James C.Y. Chow, MD
President

2005-2006 BOARD OF DIRECTORS
James C.Y. Chow, MD – President
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Jack M. Bert, MD – Member-at-Large
J.W. Thomas Byrd, MD - Member-at-Large
Peter Jokl, MD - Member-at-Large
Richard K.N. Ryu, MD - Member-at-Large
Ronald M. Selby, MD - Member-at-Large
Donald H. Johnson, MD – Immediate Past President
Brian Day, MD – Past President

2006 PROGRAM COMMITTEE
Richard K.N. Ryu, MD – Chairman
Richard L. Angelo, MD
F. Alan Barber, MD
Peter R. Kurzweil, MD

Arthroscopy Association of North America
6300 N. River Road, Suite 104
Rosemont, IL  60018
847-292-2262 – telephone
847-292-2268 – fax
web site: www.aana.org
## Meeting At A Glance

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<th>May 17 Wednesday</th>
<th>May 18 Thursday</th>
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<tr>
<td><strong>Registration</strong></td>
<td>2:00 pm–6:30 pm</td>
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<td><strong>Scientific Session</strong></td>
<td>7:45 am-12:00 pm</td>
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<td><strong>Technical Exhibits</strong></td>
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<td><strong>Business Meetings</strong></td>
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<td><strong>Symposiums</strong></td>
<td>Pre-Meeting (3)</td>
<td>10:30 am–11:05 am</td>
<td>12:15 pm–1:30 pm</td>
<td>2:10 pm–2:45 pm</td>
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<td><strong>Live Surgery Transmission</strong></td>
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<td><strong>Case Presentations</strong></td>
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<td><strong>Auction</strong></td>
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<td><strong>Internet Café</strong></td>
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## Presidential Guest Speaker

**Sister Mary Jean Ryan, FSM**  
**Friday, May 19, 2006**  
**10:30 am**

Sr. Mary Jean Ryan, FSM, is President/CEO of SSM Health Care. SSM Health Care is one of the largest Catholic health care systems in the United States serving 20 hospitals and 3 nursing homes. SSM Health Care was the first health care organization to win a Baldrige award, the nation’s premier award for performance excellence and quality achievement.

Sr. Mary Jean received a nursing diploma at St. Mary’s Hospital Medical Center in Madison, WI, and a Bachelor of Science Degree in nursing from St. Louis University. She received a Master’s Degree in hospital and Health Administration from Xavier University in Cincinnati. She has been a Franciscan Sister of Mary for more than 40 years.
Florida Information

About Hollywood, Florida
AANA is going to Hollywood – Southern Florida’s ultimate vacation destination. This European-style Southern city is nestled between Ft. Lauderdale and Miami. The Hollywood Beach Boardwalk, stretching for miles along white sand beaches, offers a variety of restaurants and shops.

About The Westin Diplomat Resort & Spa
The meeting will be held at The Westin Diplomat Resort and Spa, which offers 1,000 guest rooms and suites, all with intracoastal or ocean views. In addition to swimming pools, tennis courts, and a lavish spa, you will enjoy an 18-hole championship golf course designed by renowned course architect Joseph L. Lee. Every golf cart on the property is outfitted with a Par View Global Positioning System, providing golfers with a detailed overview of each hole they are about to play, pro tips, and electric scoring. There are numerous family-friendly attractions including catamaran charters, a miniature golf course, a nature center, and a water playground at the nearby state parks.

Visa Information
Citizens of foreign countries who wish to enter the United States may need to first obtain a visa. Applicants for visitor visas should generally apply in advance. Attendees who will need to qualify for a visa should visit www.travel.state.gov/visa for more information. AANA is not responsible for any error, changes, or omissions in the information listed. Please consult your consulate when planning your travel.

Additional Web Sites
For additional information on Florida, please visit the following:
www.flausa.com
www.sunny.org
www.hollywoodfl.org
www.downtownhollywood.com

Westin Kids Club
The Westin Diplomat Resort & Spa has The Westin Kids Club, a great way for the youngest guests to soak up the sun and fun. The Westin “mini-camp” includes crafts, games, swimming, movies and more. For more information call 1-954-602-6000 and ask for The Westin Kids Club.

Ground Transportation
Attendees have two options when flying to Hollywood, Florida:

1. The Ft. Lauderdale Hollywood International Airport
   Price for a taxi: $20-25*
   Approximate travel time to The Westin Diplomat Resort & Spa 20 minutes

2. Miami International Airport
   Price to a taxi: $45-50*
   Approximate travel time to The Westin Diplomat Resort & Spa 35 minutes

SuperShuttle
For further information on SuperShuttle in Miami, call 305-871-2000 or visit www.supershuttle.com
Price for SuperShuttle from the Miami International Airport is $26* each way per person.

*All prices are approximate and subject to change
Scientific Program

Wednesday, May 17, 2006

2:00 pm - Registration – Great Hall Registration
6:00 pm The Westin Diplomat Resort and Spa

3:30 pm - Pre-Meeting Symposia
5:00 pm Please see page 17 for course descriptions

Business Aspects of In-Office MRI (S-1)
Sponsored by GE Healthcare - Orthopedics

Electronic Medical Records and Converting
to Digital Imaging for the Office (S-2)
Sponsored by Stryker

Why You Should Own Your Own
Surgicenter: A Step by Step Approach to
Developing Your Own ASC (S-3)
Sponsored by Ambulon

Thursday, May 18, 2006

7:00 am - Registration
5:00 pm The Westin Diplomat Resort and Spa

7:00 am - Continental Breakfast & Exhibits
7:45 am Welcome and Introduction
7:55 am James C.Y. Chow, MD – President
Richard K.N. Ryu, MD – Program Chairman

7:55 am - Opening Ceremony
8:10 am Introduction of International Presidents
James C.Y. Chow, MD - President

8:10 am - 25th Anniversary Retrospective
8:20 am John B. McGinty, MD

8:20 am - Scientific Session I: Shoulder Instability
9:05 am Moderator: Anthony Miniaci, MD

8:20 am Determination of Labral Repair Stress During
Passive Arm Motion (SS-01)
James Penna, MD, Cory Nelson, MD, Bryan
Tompkins, MD, Allyson Ianuzzi, MS,
Scott Levin, MD

8:25 am Biomechanical Analysis of Hill-Sachs Lesions:
Injuries and Repair using Osteoarticular
Allograft Transplantation (SS-02)
Jon K. Sekiya, MD, Alexis Wickwire, BS, Jens
Steble, MD, Richard Debski, PhD

8:30 am Arthroscopic Bankart Repair using Permanent
Sutures and Interval Closure: A Comparison
with Earlier Techniques (SS-03)
Stephen C. Weber, MD

8:35 am Equivalent Patient Assessed Outcomes Between
Arthroscopic and Open Bankart Repair
(SS-04); Fotios P. Tjoumakaris, MD, Joseph
Abboud, MD, Todd Michener, MD, Ashfaq
Hasan, MD, Kenneth Rogers, PhD, ATC,
Matthew Ramsey, MD, Gerlad Williams, MD

8:40 am Shoulder Dislocation Over 35 Years Old:
Spectrum of Arthroscopic Pathoanatomy
(SS-05); Glen Ross, MD, Michael A. Kuhn, MD,
Alan S. Curtis, MD

8:45 am Arthroscopic Anterior Stabilization and
Posterior Capsular Plication for Anterior
Glenohumeral Instability: A Report of 71
Cases (SS-06); Ryan Dopirak, MD, Ken
Westerheide, MD, Stephen J. Snyder, MD

8:50 am Trans-Humeral Head Pfl asty (Impaction
Fracture Elevation) for Recurrent Traumatic
Shoulder Instability in Shoulder with Large
Engaging Hill-Sachs Lesions (SS-07)
Paul Re, MD, John C. Richmond, MD

8:55 am Discussion
Moderator: Anthony Miniaci, MD

9:00 am Floor Questions and Answers

9:05 am Master Lecture: Arthroscopic Bankart Repair
Indications and Technique
Richard K.N. Ryu, MD

9:15 am - Scientific Session II: Knee: ACL/PCL
Moderator: Jeffrey L. Halbrecht, MD

9:15 am Function and Osteoarthritis after ACL-
Rupture: 12 Year Follow-Up Results after
Non-Operative vs. Operative Treatment
(SS-08); Markus A. Kessler, MD, Henrik
Behrend, MD, Alexander Rukavina, MD, Gordian
Stutz, MD, Markus Kuster, Prof.

9:20 am The Importance of Posterior Capsule During
the Tibial Inlay PCL Reconstruction (SS-09)
Sang Eun Park, MD, PhD

* Presenters are listed in bold.
9:25 am  Anatomic Double ACL Reconstruction with the Semitendinosus Tendon Only (SS-10)  Alberto Gobbi, MD

11:15 am  Scapulothoracic Arthroscopy: Indications, Review of Literature, and Report of 24 Patients (SS-16); David Cole, MD, Gary G. Poehling, MD, Adam Smith, MD, T. Ginn, MD

9:30 am  In Situ Force in the Anterior Cruciate Ligament and Knee Kinematics in the Partially and Completely Posterolateral Corner Deficient Knee (SS-11)  Daniel J. Solomon, MD, Mark Lenhoff, BS, Thomas Wickiewicz, MD, Russell Warren, MD, Andrew Pearle, MD

11:20 am  Arthroscopic Suprascalpular Nerve Release At The Suprascalpular Notch: An Anatomic Approach (SS-17); Ian K.Y. Lo, MD, Shane Barwood, MD, Robert Hollinshead, MD, Richard Boorman, MD, Stephen S. Burkhart, MD

9:35 am  Tissue Handling Properties: A Comparison of Extreme Human Tibialis Anterior Allograft Processing and Rehydration Methods (SS-12)  John Nyland, EdD, PT, Haw Chang, MD, David N.M. Caborn, MD

11:25 am  Arthroscopic Treatment of Distal Clavicle Fractures: Proposal of a New Operative Technique (SS-18); Sergio L. Checchia, MD, Pedro Doneux, MD, Alberto Miyazaki, MD, Marcelo Fragonese, MD, Luciana Silva, MD

9:40 am  5-Strand Hamstring ACL Reconstruction: A New Technique with Better Long-Term Stability Versus 4-Strand (SS-13)  Chadwick C. Prodromos, MD, Brian Joyce, BA

11:30 am  Discussion

9:45 am  Discussion

11:35 am  Floor Questions and Answers

9:50 am  Floor Questions and Answers

9:55 am  Master Lecture: Master Lecture: Computer Navigation in Ligament Surgery  Jason L. Koh, MD

11:40 am  Master Lecture: Shoulder Rehabilitation Principles in the 21st Century  Benjamin D. Rubin, MD

9:55 am  Master Lecture: Computer Navigation in Ligament Surgery  Jason L. Koh, MD

12:00 pm - 1:00 pm  First Business Meeting - Active Members Only  Box Lunch Included

10:00 am - 10:30 am  Coffee Break & Visit the Exhibits

1:30 pm - 3:00 pm  Instructional Course Lectures (101-106)

10:30 am - 11:05 am  Master Case Presentations in Shoulder Surgery  Jeffrey S. Abrams, MD, F. Alan Barber, MD, Stephen S. Burkhart, Evan L. Flatow, MD, Richard J. Hawkins, MD, Jon JP Warner, MD

3:00 pm - 3:30 pm  Coffee Break & Visit the Exhibits

11:05 am - 11:30 am  Scientific Session III: Shoulder: Miscellaneous

3:30 pm - 3:55 pm  Scientific Session IV: Knee:

Arthroscopic Subdeltoid Transfer of the Biceps Tendon to the Conjoint Tendon: A New Technique with Clinical Results and Functional Outcome (SS-14)  Mark Drakos, Nihil Verma, MD, Lawrence Gulotta, MD, Stephen Fealy, MD, Ronald M. Selby, MD, Samuel Taylor, BA, Frank Potucek, BA, Stephen O'Brien, MD, MBA

3:35 pm  In-Vivo Histology Findings Through One Year After Clinical Use of Bi-Polar Radiofrequency-Based Chondroplasty (SS-19)  Ferdinando Battistella, MD, E. Tavera, MD, G. Leardi, MD, P. Berlanda, MD

11:10 am  The Anatomic Variability of the Rotator Interval Capsule: A Comparison of Arthroscopic and Open Surgical Techniques (SS-15); Steven J. Svoboda, MD, Dean Taylor, MD

3:55 pm  Immediate Anatomical Changes Following Medial Opening Wedge High Tibial Osteotomy Using Radiosterometric Analysis (SS-20)  Jerome DaSilva, MD, Dietrich Pape, MD, Xunhua Yuan, MD, Peter Fowler, MD, Robert Giffin, MD

11:05 am  Arthroscopic Subdeltoid Transfer of the Biceps Tendon to the Conjoint Tendon: A New Technique with Clinical Results and Functional Outcome (SS-14)  Mark Drakos, Nihil Verma, MD, Lawrence Gulotta, MD, Stephen Fealy, MD, Ronald M. Selby, MD, Samuel Taylor, BA, Frank Potucek, BA, Stephen O'Brien, MD, MBA

3:30 pm  Immediate Anatomical Changes Following Medial Opening Wedge High Tibial Osteotomy Using Radiosterometric Analysis (SS-20)  Jerome DaSilva, MD, Dietrich Pape, MD, Xunhua Yuan, MD, Peter Fowler, MD, Robert Giffin, MD

* Presenters are listed in bold.
Predictors of Improved Quality of Cartilage Healing After Microfracture Are Time, Increased Holes and Synovial Hypertrophy (SS-21); Deenesh Sahajpal, MD, Juan Rodrigo, MD, Alfred Kuo, MD, Kurt Anderson, MD

Results of Arthroscopic and Minimally Invasive Techniques for the Management of Patellofemoral Chondral Defects Using a Hyaluronan-Based Scaffold (SS-22)
Alberto Gobbi, MD, Ramces Francisco, MD, Elisaveta Kon, MD, Massimo Berruto, MD

Arthroscopy for Degenerative Arthritis of the Knee (SS-23)
Lanny L. Johnson, MD, Andrew Pittsley, BS

Discussion
Moderator: Julie A. Dodds, MD

Floor Questions and Answers

Master Lecture: Advanced Techniques in Articular Cartilage Surgery of the Knee
Thomas R. Carter, MD

Scientific Session V: Shoulder: Rotator Cuff Repair: A Biomechanical Study (SS-24)
Giuseppe Milano, MD, Andrea Grasso, MD, Donatella Zarelli, MD, Laura Deriu, Prof, Stefano Piras, MD, Carlo Fabbriciani, MD

The Use Of An Intra-Articular Depth Gauge In The Measurement Of Partial Thickness Rotator Cuff Tears (SS-25)
Ian K.Y. Lo, MD

Biomechanical Evaluation of the Arthroscopic Rotator Cuff Repair Complex After Simulated Acute Injury (SS-26)
Mark W. Rodosky, MD, Ryan Costic, MS, Peter Brucker, Lars Gilbertson, PhD, Freddie H. Fu, MD, D.Sc (Hon), D.Ps (Hon)

MRI-examination of Arthroscopic Rotator Cuff Repair-Influence of Cuff Integrity, Atrophy and Fatty Infiltration on the Clinical Result (SS-27); Dennis Liem, MD, Petra Magosch, MD, Sven Lichtenberg, MD, Peter Haberneyer, MD

Comparison Between Arthroscopic Rotator Cuff Repair with Metal and Absorbable Suture Anchors: A Prospective Randomized Study (SS-28)
Andrea Grasso, MD, Giuseppe Milano, MD, Donatella Zarelli, MD, Stefano Piras, MD, Laura Deriu, Carlo Fabbriciani, MD, Prof.

Discussion
Moderator: Robert H. Bell, MD

Floor Questions and Answers

Master Lecture: Choosing the Right Implant: Avoiding Potential Disasters
Robert A. Pedowitz, MD

Reception: Silent & Live Auction

* Presenters are listed in bold.
10:05 am  Bipolar Radiofrequency-Based Microdebride-
ment for Refractory Tendinosis of the Rotator
Cuff Shows Equivalent Outcomes at One
Year to Subacromial Decompression (SS-33)
Ferdinando Battistella, MD, Valerio Sansone,
MD, Carlo Perfetti, MD, James P. Tasto, MD

10:10 am  Randomized Controlled Trial Comparing
Interscalene Nerve Block versus Continuous
Infusion Local Anesthetic Pump for Outpatient
Arthroscopic Rotator Cuff Repair (SS-34)
Darby Webb, MD, Dan Guttman, MD, John
Reid III, MD, Patrick Cawley, D. Sc., OPA, RT,
CCRC, James H. Lubowitz, MD

10:15 am  Discussion
Moderator: Ian K.Y. Lo, MD

10:20 am  Floor Questions and Answers

10:25 am  Introduction of the Presidential Guest Speaker
James C.Y. Chow, MD

10:30 am -  Presidential Guest Speaker
11:20 am  Sister Mary Jane Ryan, FSM

11:20 am -  Scientific Session VII: Knee: Meniscus
11:40 am  Moderator: Jack M. Bert, MD

11:20 am  Evaluation of All-Inside Arthroscopic Meniscal
Repair Using the FasT-Fix System (SS-35)
David P. Buchalter, MD, Ronald Karzel, MD,
Marc Friedman, MD, Mark Getelman, MD

11:25 am  Tissue Gain after Arthroscopic Placement of a
Collagen Meniscus Implant (CMI) Following
Partial Medial Meniscectomy (SS-36)
William G. Rodkey, DVM, J. Richard Steadman,
MD, William Montgomery, III, MD, Karen
Briggs, MPH, Scott Hormel, MD

11:30 am  All-inside Meniscal Repair Using a New
Flexible, Tensionable Device (SS-37)
J. Scott Quinby, MD, S. Raymond Golish, MD,
PhD, Jennifer Hart, David Diduch, MD

11:35 am  Meniscus Allograft Transplantation: Long-
Term 10-Year Results of Cryopreserved
Allografts (SS-38)
Jan Pieter Hommen, MD, Gregory Applegate,
MD, Wilson Del Pizzo, MD

11:40 am  Discussion
Moderator: Jack M. Bert, MD

11:45 am  Floor Questions and Answers

11:50 am  Master Lecture: Meniscal Repair: Innovations
and Emerging Techniques
Nicholas A. Sgaglione, MD

12:00 pm  Golf Tournament
Sponsored by BREG, Inc.

12:15 pm-1:30 pm  Symposiums
(Please see page 18 for descriptions)

Practice Biopsy - An Expert Assessment of the
Strengths and Weaknesses of Your Practice
S-4)
Jack M. Bert, MD – Coordinator
David Glaser, JD and Douglas W. Jackson, MD

AANA - Participation and Leadership
Opportunities (S-5)
F. Alan Barber, MD - Coordinator
Julie A. Dodds, MD - Coordinator
Richard L. Angelo, MD, W. Dilworth Cannon, Jr.,
MD, J. Emory Chapman, MD, M. Mike Malek,
MD, Felix H. Savoie, III, MD, Ronald M. Selby,
MD

A Systematic Approach to MRI Interpretation
of the Knee and Shoulder (S-6)
Michael B. Zlatkin, MD

Saturday, May 20, 2006

7:00 am -  Registration – Great Hall Registration
5:00 pm  The Westin Diplomat Resort and Spa

7:00 am -  Continental Breakfast and Exhibits
7:45 am

7:45 am -  Instructional Course Lecture (301-306)
See page 15 for course descriptions
9:15 am  Coffee Break & Visit the Exhibits
9:45 am

9:45 am -  Scientific Session VIII: Shoulder:
Biceps and Rotator Cuff
Moderator: John S. Rogerson, MD

9:45 am -  Accuracy of MRI with and without Contrast
for Identifying Rotator Cuff and Labral
Pathology (SS-39)
Lam K. Sien, MD, John Nyland, EdD, PT,
Harvey Damacene, MD, David N. M. Caborn, MD

* Presenters are listed in bold.
9:50 am  A Comparison of Supination and Elbow Flexion Strength in Patients with either Proximal Biceps Release or Biceps Tenodesis (SS-40); John R. Shank, MD, Steven B. Singleton, MD, Michael Kissenchertn, MD, Michael Torry, PhD, Richard J. Hawkins, MD

9:55 am  Failure Strength of Arthroscopic Biceps Tenodesis Repairs: Suture Anchor vs. P.I.T.T. Technique (SS-41); Mark W. Rodosky, MD, Ryan Costic, MS, Emilio López-Vidriero, Patrick Smolinski, PhD, Lars Gilbertson, PhD, Freddie H. Fu, MD

10:00 am  Rotator Cuff Repair: The Effect of Depth of Suture Passage on Three-Dimensional Repair Site Surface Area and Load to Failure Using Single-Row Anchor Fixation (SS-42) Allen Deutsch, MD

10:05 am  Arthroscopic Repair of Massive Rotator Cuff Tears (SS-43) Bettina Kniesel, Gerhard Bauer, MD, Prof.

10:10 am  Rotator Cuff Tears as a Complication of Portal Placement (SS-44) Scott Mair, MD, Joel Hurt, MD

10:15 am  Discussion Moderator: John S. Rogerson, MD

10:20 am  Floor Questions and Answers

10:25 am  Master Lecture: Arthroscopic Techniques in the Management of Rotator Interval Lesions Richard L. Angelo, MD

10:30 am  First Vice President’s Introduction of the AANA President Walter R. Shelton, MD

10:45 am  Presidential Address James C.Y. Chow, MD

11:15 am - 11:40 am Scientific Session IX: Knee and Shoulder: Cell-based and Innovative Therapies Moderator: Darren L. Johnson, MD

11:15 am  Effects of Bipolar Radiofrequency on the Human Meniscus: A Comparative Study Between Patients Younger and Older Than 40 Years Old (SS-45) David Figueroa, MD, Rafael Calvo, Alejandro Vaisman, Miguel Carrasco, MD, Marcela Gallegos, Rodrigo Mardones, MD, Iris Delgado

11:20 am  Matrix-Encapsulation Cell-seeding Technique to Prevent Cell Detachment During Arthroscopic Implantation of Matrix - Induced Autologous Chondrocyte Implantation (MACI) (SS-46); Maria Masri, MVZ, MSC, DACVIM, German Lombardero, Cristina Velasquillo, Valentin Martinez, Rosario Neri, Hilda Villegas, PhD, Clemente Ibarra, MD

11:25 am  Tissue Engineered Arthroscopic Repair of Experimental Cartilage Lesions in Horses (SS-47); Clemente Ibarra, MD, German Lombardero, Valentin Martinez, Maria Masri, MVZ, MSC, DACVIM, Blanca Garcia, MD, Baltazar Reyes, MD, Cristina Velasquillo

11:30 am  Suture Fixation of Biodegradable Nanofibrous Poly-Caprolactone Scaffolds to Bovine Meniscus: A Novel Approach to Repairing Meniscal Tears (SS-48) Neil P. Sheth, MD, Robert L. Mauck, PhD, Wan-Ju Li, PhD, Rocky Tuan, PhD, Dawn Elliott, PhD, G. Huffman, MD, MPH

11:35 am  Arthroscopic Glenoid Resurfacing with a Meniscal Allograft (SS-49) William T. Pennington, MD, Brian Bartz, PA-C

11:40 am  Discussion Moderator: Darren L. Johnson, MD

11:45 am  Floor Questions and Answers

11:50 am  Master Lecture: Future Horizons: Arthroscopy and the Stem Cell C. Thomas Vangsness, Jr., MD

12:00 pm  Second Business Lunch - Active Members Only No Lunch Served

12:30 pm - 1:30 pm Case Presentations – Shoulder (CP-1) Larry D. Field, MD Eugene M. Wolf, MD

12:30 pm - 1:30 pm Case Presentations – Knee (CP-2) Gregory C. Fanelli, MD and Mark D. Miller, MD

12:30 pm - 1:30 pm Arthroscopy Journal Lunch and Course

1:30 pm  Scientific Session X: Knee: Miscellaneous Moderator: David N.M. Caborn, MD


* Presenters are listed in bold.
1:35 pm  Osteonecrosis Following Arthroscopic Chondroplasty (SS-51)
C. Dain Allred, MD, Ilya Voloshin, MD, Michael Maloney, MD, Kenneth Dehaven, MD
1:40 pm  Compression Force and Laxity Differences Using Different Initial Graft Tensioning Techniques in the Human Cadaver ACL Reconstructed Knee (SS-52)
Michael P. Bradley, MD, Braden C. Fleming, PhD, Mark Brady, BS, Rahul Banerjee, MD, Paul Fadale, MD, Michael Hulstyn, MD
1:45 pm  Long Term Absorption of PLLA Interference Screws (SS-53)
F. Alan Barber, MD, Dee Dockery, MD
1:50 pm  In-Vitro Study of Hamstring Graft Morphometry and an Intraoperative Technique to Avoid Premature Amputation when Harvesting the Graft for ACL Reconstruction (SS-54)
Phillip R. Langer, MD, Braden Fleming, Ph.D, David Spenciner, P.E., Sc.M, Michael Hulstyn, MD
1:55 pm  Effects of Novel Sterilization Process on Soft Tissue Mechanical Properties for Anterior Cruciate Ligament Repair (SS-55)
Robert A. Pedowitz, MD, PhD, Andrew Mahar, MS, Aimee Schmizzi, MD, Michelle Wedemeyer, BS, Tim Odell, BS
2:00 pm  Discussion
Moderator: David N.M. Caborn, MD
2:05 pm  Floor Questions and Answers
2:10 pm - 2:45 pm  Symposium: Master Case Presentations in Knee Surgery
Robert T. Burks, MD, James P. Bradley, MD, Brian J. Cole, MD, Freddie H. Fu, MD, K. Donald Shelbourne, MD, Walter R. Shelton, MD
2:45 pm - 3:15 pm  Coffee Break & Visit the Exhibits
3:15 pm  Master Lecture: Arthroscopic Patellofemoral Realignment: Indications and Techniques
Russell F. Warren, MD
3:25 pm  Journal Board of Trustees Announcement
Jerome E. Jennings, MD
3:30 pm  Orthopaedic Learning Center Presentation
J. Emory Chapman, MD
3:35 pm  Report of the Research Committee & Grants
Jon J.P. Warner, MD
3:40 pm  Richard O'Connor Research Award
Jon J.P. Warner, MD
3:45 pm  Resident/Fellow Award
Jon J.P. Warner, MD
3:50 pm  Announcement of Resident and Fellow Scholarship
Jon J.P. Warner, MD
4:00 pm  Master Lecture: Hip Arthroscopy: Indications and Techniques
J.W. Thomas Byrd, MD
4:10 pm  Concurrent Scientific Session A: Hip
Moderator: Thomas G. Sampson, MD
4:10 pm  The Risk of Vascular Injury with Arthroscopic Osteoplasty of the Femoral Neck: A Cadaveric Study (SS-56)
Patrick Sussman, MD, Kelly Brian, MD, Anil Ranawat, MD, Michael Shehan, MD, Dean Lorich, MD, Douglas Padgett, MD
4:15 pm  Femoroacetabular Impingement: Early Results of Arthroscopic Management (SS-57)
Carlos A. Guanche, MD
4:20 pm  Second-Look Arthroscopy of Chondral Lesions of the Acetabulum Treated with Arthroscopic Microfracture (SS-58)
Marc J. Philippon, MD, Mara Schenker, BS, Karen Briggs, MPH
4:25 pm  Arthroscopic Hip Labral Repair (SS-59)
Amy E. Ross, MD, Matthew Javernick, MD, Brett Freedman, MD, Barbara Springer, PT, PhD, Kay Wiend, RN, Kevin Murphy, MD
4:30 pm  Factors Associated with Revision Hip Arthroscopy (SS-60)
Marc J. Philippon, MD, Allston Stubbs, MD, Mara Schenker, BS, Karen Briggs, MPH
4:35 pm  The Risk of Vascular Injury with Arthroscopic Osteoplasty of the Femoral Neck: A Cadaveric Study (SS-56)
Patrick Sussman, MD, Kelly Brian, MD, Anil Ranawat, MD, Michael Shehan, MD, Dean Lorich, MD, Douglas Padgett, MD
4:40 pm  Concurrent Scientific Session B: Elbow and Wrist
Moderator: Kevin D. Plancher, MD
4:40 pm  Factors Associated with Revision Hip Arthroscopy (SS-60)
Marc J. Philippon, MD, Allston Stubbs, MD, Mara Schenker, BS, Karen Briggs, MPH
4:45 pm  Discussion
Moderator: Kevin D. Plancher, MD
4:50 pm  Endoscopic Carpal Tunnel Release: Seventeen Years’ Experience with the Chow Technique and Specific Anatomic Considerations Regarding the Volar Aspect of the Wrist (SS-61)
Athanasios Papachristos, MD, James C.Y. Chow, MD
4:55 pm  Endoscopic Carpal Tunnel Release: Seventeen Years’ Experience with the Chow Technique and Specific Anatomic Considerations Regarding the Volar Aspect of the Wrist (SS-61)
Athanasios Papachristos, MD, James C.Y. Chow, MD
5:00 pm  Discussion
Moderator: Kevin D. Plancher, MD
5:05 pm  Floor Questions and Answers
4:15 pm  Post-Traumatic Elbow Contracture: Arthroscopic Release Versus Mini-INCISION Technique (SS-62)
Jinzhong Zhao, MD

4:20 pm  Delayed Onset Ulnar Neuropathy after Arthroscopic Elbow Contracture Release (SS-63); G. Russell Huffman, MD, MPH, Shawn W. O'Driscoll, MD, PhD

4:25 pm  All-Inside TFCC Repair: a Novel Technique and Biomechanical Analysis (SS-64)
Jeffrey Yao, MD, Phani Dantuluri, MD, A. Lee Osterman, MD

4:30 pm  A Radiographic and Anatomic Comparison of Injection Techniques in the Treatment of Lateral Epicondylitis (SS-65)
Theodore A. Blaine, MD, Jonathan Packer, BS, John Bell, MD, Sara Edwards, MD, Hari Ankem, MD, Christopher Ahmad, MD

4:35 pm  Lateral Epicondylitis: Open Versus Arthroscopic Release (SS-66)
Young-Kyu Kim, MD, Jong-Hun Lee, MD, Ji-Hoon Kwak, MD

4:40 pm  Discussion
Moderator: Kevin D. Plancher, MD

4:45 pm  Floor Questions and Answers

4:10 pm - Concurrent Scientific Session C: Ankle
4:40 pm  Moderator: Alastair S. Younger, MD

4:10 pm  Arthroscopic Ankle and Subtalar Arthrodeses: 13-year Prospective Study and Follow-up (SS-67); James P. Tasto, MD

4:15 pm  Arthroscopic Ankle Arthrodesis: Effect of Pulsed Low Intensity Ultrasound (SS-68)
Naren Gurbani, MD, FACS

4:20 pm  Fully Arthroscopic Repair with Suture Anchor Anterior Instability of the Ankle: Preliminary Experience (SS-69)
Marco Conca, MD, Alderino Dalla Pria, MD, Roberto Vianello, MD, Antonio Ammendolia, PhD, Riccardo Minola, MD

4:25 pm  High Energy Extracorporeal Shock Wave Therapy as a Treatment for Insertional Achilles Tendinopathy (SS-70)
John P. Furia, MD

4:30 pm  Does the Posteromedial Portal Significantly Increase the Working Area of the Posterior Subtalar Joint with Prone Arthroscopy? (SS-71); Phinit Phisitkul, MD, Yuki Tochigi, MD, Annunziato Amendola, MD, Charles Saltzman, MD

4:35 pm  Peroneal Tendon Tears: Associated Arthroscopic Findings and Results Following Repair (SS-72)
Aaron A. Bare, MD, Richard D. Ferkel, MD

4:40 pm  Discussion
Moderator: Alastair S. Younger, MD

4:45 pm  Floor Questions and Answers

Sunday, May 21, 2006

7:00 am - Registration – Great Hall Registration
11:00 am The Westin Diplomat Resort and Spa

7:00 am - Continental Breakfast – Great Hall Foyer
7:45 am Instructional Course Lectures (401-404)
9:15 am See page 16 for descriptions

9:30 am - Symposium: Master Techniques
Moderator: Stephen S. Burkhart, MD
Arthroscopic Subscapularis Repair: Indications and Techniques
Stephen S. Burkhart, MD

Double-Bundle PCL
Donald H. Johnson, MD

Arthroscopic Ankle and Subtalar Fusion
James W. Stone, MD

Arthroscopic Treatment of Lateral Epicondylitis
Felix H. Savoie, III, MD

10:30 am Closing Remarks
James C.Y. Chow, MD
Walter R. Shelton, MD

10:35 am Adjourn

* Presenters are listed in bold.
Course 101: Arthroscopic Management of Biceps Pathology: Partial Tears, Instability Including Interval Lesions, and Extra-articular Tenosynovitis
Jeffrey S. Abrams, MD – Coordinator
R. Michael Gross, MD
Russell F. Warren, MD
Stephen C. Weber, MD
At the completion of this course, the participant will be able to recognize and treat the spectrum of biceps problems in patients and athletes. Treatment options will include open, mini open and arthroscopic techniques to stabilize the tendon or perform tenodesis. Current concepts including tenotomy vs. tenodesis, return to physical activity and late reconstruction will be addressed.

Course 102: Management of Bony Defects in the Glenoid and Humeral Head Related to Shoulder Instability
Stephen S. Burkhart, MD – Coordinator
Peter Habermeyer, MD
Ian K.Y. Lo, MD
Anthony Miniaci, MD
Eugene M. Wolf, MD
At the completion of the instructional course, the participant will understand the indications for bone grafting in instability repairs; as well as arthroscopic and open techniques for addressing bone deficiency in both anterior and posterior instability.

Course 103: ACL Reconstruction: Old Controversies, New Concepts
Chadwick C. Prodromos, MD – Coordinator
Alberto Gobbi, MD
Lonnie E. Paulos, MD
This course will cover: 1) Tunnel: single versus double; 2) Fixation: interference versus cortical versus other; 3) Stability results: meta-analysis of HS versus allograft versus BTB ACLR; 4) Allograft concerns: disease transmission, infection rate, radiation, donor age; 5) Hamstring harvest: posterior versus anterior

Course 104: Principles and Practical Options for Reconstruction of the PCL and Posterolateral Corner: Tibial Tunnel vs. Inlay, Single vs. Dual Femoral Tunnel
Donald H. Johnson, MD – Coordinator
Gregory C. Fanelli, MD
Mark D. Miller, MD
At the completion of the instructional course, the participant will: 1) Understand the anatomy, basic science of the posterior cruciate ligament and posterolateral corner; 2) Understand the indications for surgical intervention; 3) Be familiar with the surgical options of transtibial and posterior inlay for reconstruction of the posterior cruciate ligament; 4) Be familiar with the indications and technique for reconstruction of the posterolateral corner; 5) Be familiar with the technique of double versus single bundle reconstruction of the posterior cruciate ligament.

Course 105: Advanced Ankle and Subtalar Arthroscopy
James P. Tasto, MD – Coordinator
Annunziato Amendola, MD
James W. Stone, MD
Alastair S. Younger, MD
Participants will learn the current indications and latest techniques in ankle and subtalar arthroscopy. Advanced techniques will cover articular cartilage repair, a variety of treatment options for OLT as well as arthroscopic ankle and subtalar arthrodesis. Posterior ankle arthroscopy will be covered as well as tendoscopy.

Course 106: Practical Office and Surgical Coding: Using Templates and Case Scenarios
William R. Beach, MD – Coordinator
Jack M. Bert, MD
Participants will learn the basics of E & M coding, how to incorporate templates into your office notes and will review common arthroscopic cases and the correct coding.
Course 201: Controversies in Arthroscopic Shoulder Stabilization
Stephen J. Snyder, MD – Coordinator
Alessandro Castagna, MD
Brian J. Cole, MD
Ian K.Y. Lo, MD
At the completion of the instructional course, the participant will understand the steps for evaluation and treatment of complex or unusual problems in shoulder instability using arthroscopic techniques including fractures, capsular laxity and revisions surgery.

Course 202: How to Evaluate and Manage the Knee with Multiple Ligament Injuries
Gregory C. Fanelli, MD – Coordinator
Frederick M. Azar, MD
Richard D. Parker, MD
This course will focus on the initial evaluation, surgical treatment, and the results of surgical treatment of the acute and chronic multiple ligament injured knee. Special emphasis will be placed on surgical anatomy, diagnostic evaluation, neurovascular concerns, surgical indications and timing, and surgical techniques for ACL PCL medial and ACL PCL lateral side reconstructions. Case Presentations will be used to enhance the learning experience. Upon completion of this course, the participant will be able to: 1) Understand the diagnostic evaluation methods of the acute and chronic multiple ligament injured knee, and its associated pathology; 2) Understand the indications for surgical and non surgical treatment, surgical timing, and graft selection in the treatment of the multiple ligament injured knee; 3) Understand the surgical techniques for treating the multiple ligament injured knee (ACL PCL medial side, ACL PCL lateral side, global laxity).

Course 203: Computer Navigation and Arthroscopy Principles and Applications
Douglas W. Jackson, MD – Coordinator
Jason L. Koh, MD
Blaine Warkentine, MD
At the completion of the instructional course, the participant will have more insight into how they might utilize computer assisted navigation techniques to enhance arthroscopic assisted procedures. In particular, two examples will be demonstrated. One is its application for accomplishing ACL reconstructions, and the second is combining an opening wedge osteotomy (varus knee) with an arthroscopic procedure involving the articular cartilage and/or ACL reconstruction. At the conclusion of the ICL, there will be a short hands on demonstration on Sawbones model to allow the attendees to see these CAOS applications. Discussion will be encouraged.

Course 204: How I Repair a Rotator Cuff Tear Arthroscopically – Model Demonstration
James C. Esch, MD – Coordinator
Richard L. Angelo, MD
Don A. Buford, Jr., MD
Stephen S. Burkhart, MD
Robert E. Hunter, MD
At the completion of this instructional course, the participant will: 1) Observe and learn techniques the above master surgeons use to repair side-side cuff tears; 2) Learn how and where different surgeons select and place suture anchors; 3) Observe the preferred plan “A” technique these surgeons use to pass the suture through the cuff tear; 4) Observe the sliding and non-sliding knots preferred by these surgeons; 5) Learn technical tools and technique pearls each surgeon uses; 6) The individual surgeon’s technique demonstration will be projected on a large screen. The goal is to show the similarities and a difference of each surgeon’s preferred technique that you can incorporate into “your” technique. There will be time for questions. This is a model demonstration course and not a “hands-on” course.

Course 205: Hip Arthroscopy Essentials: Positioning, Portals, and Common Pathology
Carlos A. Guanche, MD – Coordinator
Aaron A. Bare, MD
James M. Glick, MD
Howard J. Sweeney, MD
At the completion of the instructional course, the participant will: 1) Be familiar with the relevant arthroscopic anatomy; 2) Be familiar with the common positions used and their potential complications; 3) Be familiar with the indications and management for labral debridement; 4) Be familiar with arthroscopy of the peripheral compartment and its normal anatomy.

Course 206: Masters Cases in Shoulder Surgery: Rational Approaches to Challenging Problems
Leslie S. Matthews, MD, MBA – Coordinator
Jeffrey S. Abrams, MD
Patrick St. Pierre, MD
Stephen C. Weber, MD
At the completion of the instructional course, the participant will understand the management options and pitfalls of dealing with an array of advanced and more complex disorders of the shoulder which may be encountered by the arthroscopic surgeon.
Course 301: Meniscus Repair: The Good, The Bad, and The Promising
F. Alan Barber, MD – Coordinator
Donald H. Johnson, MD
James H. Lubowitz, MD
At the completion of the instructional course, the participant will understand the basic anatomy, healing process, and the science related to meniscal healing; understand which meniscal tears should be repaired and which techniques have proven effective over time; be familiar with some repair techniques including suture repairs and some meniscal fixation devices and be familiar with new approaches to meniscal repair and promising avenues for the future treatment options of meniscal pathology.

Course 302: Osteoarthritis of the Knee: The Gamut of Therapeutic Options and Outcomes
Brian Day, MD – Coordinator
Jack M. Bert, MD
Robert W. Jackson, MD
Nicholas A. Sgaglione, MD
At the completion of the instructional course, the participant will understand the indications and approaches to non-surgical and surgical treatment of the osteoarthritic knee.

Course 303: Allografts for Knee Surgery in 2006: Indications, Techniques and Outcomes
Christopher D. Harner, MD – Coordinator
Brian J. Cole, MD
Darren L. Johnson, MD
At the completion of the instructional course, the participant will: 1) Understand the biological, safety risks and regulation when choosing allografts; 2) Understand the indications, techniques, and outcomes when using allografts for ligament and cartilage reconstruction in common sports medicine procedures; 3) Identify the advantages, disadvantages, and clinical expectations when using allografts in knee surgery.

Course 304: Advances in the Arthroscopic Management of Elbow Disorders
Felix H. Savoie, III, MD – Coordinator
Neal S. ElAttrache, MD
John F. Meyers, MD
Melvin P. Rosenwasser, MD
This course is designed for both the novice and experienced arthroscopist. Beginning with the initial lectures on anatomy, portals, and diagnostic arthroscopy by Rick Meyers, MD, we will progress through all aspects of the role of arthroscopy in the athletes' elbow by Neal ElAttrache, MD, the lateral side of the

Course 304 continued
elbow including lateral epicondylitis and posterolateral instability by Felix H. Savoie, III, MD and the degenerative elbow including both arthrofibrosis and osteoarthritis. A sum-up lecture on the complications and future indications of arthroscopy will be followed by a question/answer session and/or case presentations from the audience. The participants involved in this course should find it an excellent review of the basic indications for elbow arthroscopy. Additionally, new indications are presented that should expand the role of arthroscopy in the management of disorders of the elbow.

Course 305: The Arthroscopic Management of Rotator Cuff Disease: Skills and Strategies for Effective Outcomes
Richard L. Angelo, MD – Coordinator
Jeffrey S. Abrams, MD
Stephen S. Burkhart, MD
Richard K.N. Ryu, MD
At the completion of the instructional course, the participant will be able to recognize the various common rotator cuff tear patterns including the subscapularis; be able to develop a repair strategy for small to massive tears: cuff mobilization, tuberosity preparation, anchor placement including dual row constructs and delivery of secure knots. In addition, methods to avoid complications and options for managing intra-operative problems will be presented.

Course 306: Meniscal Allografts in 2006: Refining Roles, Optimizing Techniques
Ben Shaffer, MD – Coordinator
John J. Klimkiewicz, MD
Scott D. Gillogly, MD
Walter R. Shelton, MD
At the completion of the instructional course, the participant will: 1) Understand consequences of meniscectomy and biomechanical rationale of meniscus transplantation; 2) Be familiar with indication, contraindications and pre-operative considerations, including allograft risks in allograft meniscus transplantation; 3) Become knowledgeable regarding surgical techniques for lateral and medical transplants, including bone tunnel, trough, and slot techniques; 4) Be aware of pitfalls and pearls associated with technical challenges during transplantation; 5) Know the clinical outcomes following transplantation including complications and how to avoid them.
Course 401: Patellofemoral Instability: A Systematic Approach
Anthony A. Schepsis, MD – Coordinator
William R. Beach, MD
Andrew J. Cosgarea, MD
William Post, MD
This course focuses on current concepts of diagnosis, management, surgical indications, and details of current techniques utilized in the management of patellofemoral instability. Exploration of the various factors responsible for instability with the development of a systematic algorithmic approach as to which operation to perform, including the role of lateral release and indications for surgery for acute patellar dislocations will be presented. Proximal realignments including all-arthroscopic patellar realignment, the biomechanics and surgical techniques for medial patellofemoral ligament reconstruction will be presented. Indications and technique for distal realignment, including medial tubercle transfer and anteromedialization will be discussed, as well as the indication for combined proximal and distal realignments.

Course 402: On the Forefront: Evolution in the Management of Articular Cartilage Injury
Nicholas A. Sgaglione, MD – Coordinator
Brian J. Cole, MD
Alberto Gobbi, MD
Bert R. Mandelbaum, MD
Daniel Saris, MD, PhD
At the completion of the instructional course, the participant will: 1) Understand the updated indications, work-up, approaches and surgical techniques to treating focal articular cartilage defects in the knee; 2) Review new methods and novel resurfacing treatments including the use of acellular scaffolds, selective chondrocyte expansion, and next generation implantation approaches; 3) Discuss current concepts and future trend including practical, clinical algorithms.

Course 403: Advanced Hip Arthroscopy: Labral Repair, Femoroacetabular Impingement and Extra-Articular Pathology
J.W. Thomas Byrd, MD – Coordinator
Victor M. Ilizaliturri, Jr., MD
Marc J. Philippon, MD
Thomas G. Sampson, MD
At the completion of the instructional course, the participant will have an appreciation for advanced approaches in hip pathology; understand femoroacetabular impingement and its arthroscopic management; become knowledgeable of the nature of labral tears and its management, including repair; become familiar with snapping hip syndromes and their management with endoscopic methods.

Course 404: Topics in the Complex ACL Deficient Knee
Darren L. Johnson, MD – Coordinator
Annunziato Amendola, MD
Todd Swenson, MD
At the completion of the instructional course, the participants will understand complex ACL issues to include evaluation of the failed primary ACL with treatment strategies and surgical techniques; skeletally immature ACL deficient knee; ACL insufficiency with Arthritis/Malalignment and ACL insufficiency combined with secondary restraints insufficiency (collateral ligaments/menisci). Case examples of all will be thoroughly explained and time for questions/answers will be made available as well.
Ancillary services are no longer considered optional for many orthopedics practices. Instead, ancillary services are a mainstay for a practice’s financial viability. From analyzing your payer and patient mix to completing a market and payer analysis, this session will help you determine if In Office MRI is appropriate for your practice. If indicators are favorable, this course will also then help you address some key areas of implementation to ensure success with this ancillary service. At the completion of this symposium, the participant will be able to assess whether In Office MRI is financially appropriate based on completion of a break-even analysis, as well as identify key elements for successfully implementing this ancillary service into the orthopedic practice.

Electronic Medical Records and Converting to Digital Imaging for the Office (S-2)
Sponsored by Stryker
Fee: $45.00
Mark Lipscomb
Kishore Tipirneni, MD

At the completion of this symposium, participants will understand the efficiencies gained by turning their practice into a digital office. Orthopedic surgeons will appreciate the improvements in their workflow that enable them to care for more patients within the same amount of time. However, in order to achieve the most benefit, it is essential that they know what to look for in a PACS and EMR solution. The purpose of this symposium is to focus on what questions to ask vendors and how key design elements within an EMR or PACS system can make a difference in overall productivity.
Practice Biopsy - An Expert Assessment of the Strengths and Weaknesses of Your Practice (S-4)

Maximum Enrollment: 12 people (First come, First serve)
Fee: $45.00
Jack M. Bert, MD – Coordinator
David Glaser, JD
Douglas W. Jackson, MD
This course is designed for the orthopedist in a small or large group who is interested in discussing ways to enhance revenue, improve marketing capabilities and discuss methods of partnering with their local hospital system. The enrollment will be limited to 12 orthopedists so that group details can be openly shared. Doctors Bert and Jackson, as well as health care attorney David Glaser, will be prepared to discuss strategy and recommendations based upon this open forum technique. At the conclusion of the course, the orthopedic surgeon should have a better understanding of the weaknesses of their practice and a strategy to deal with them.

AANA – Participation and Leadership Opportunities (S-5)
Fee: $15.00
F. Alan Barber, MD – Coordinator
Julie A. Dodds, MD – Coordinator
Richard L. Angelo, MD
J. Emory Chapman, MD
W. Dilworth Cannon, Jr., MD
M. Mike Malek, MD
Felix H. Savoie, III, MD
Ronald M. Selby, MD
At the completion of the symposium, the participant will: 1) Understand the basic organization of AANA and that its principal mission is education; 2) Learn about the principal areas of member involvement; 3) Become familiar with the Presidential line and their duties before, during and after the presidential year; 4) Learn how to become involved in the process.

A Systematic Approach to MRI Interpretation of the Knee and Shoulder (S-6)
Fee: $45.00
Michael B. Zlatkin, MD
At the completion of this symposium, the participants should gain an understanding of some of the technical factors and aspects of obtaining high quality MRI joint examinations. They should be familiar with the MRI appearance and diagnostic, ligamentous injury, and cartilaginous lesions. Normal anatomy as it appears on a MRI will also be reviewed, including anatomic variants and imaging pitfalls. Similarly normal and variational anatomy of the shoulder will be reviewed, with emphasis on the rotator cuff and the labroligamentous structures. Participants will also become familiar with the MRI appearance and diagnostic criteria for rotator cuff disease and impingement, glenohumeral joint instability, SLAP lesions, and related disorders.

Live Surgery Transmission
Friday, May 19
1:45 pm – 3:30 pm
No Fee
Freddie H. Fu, MD
John W. Uribe, MD
Moderator: Peter R. Kurzweil, MD
Sponsored by Smith & Nephew Endoscopy, Inc.
**General Information**

**IMPORTANT DATES**
- April 5: Registration fee increases
- April 10: Housing Reservation Deadline
- April 25: Registration closes
- April 25: Cancellation and refund deadline. Refunds will not be made for no shows

**ACCREDITATION**
The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide medical education for physicians.

**CME CREDIT**
The Arthroscopy Association of North America designates this educational activity for a maximum of 13.75 credit hours in Category 1 credits toward the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he or she actually spent in the activity.

**REGISTRATION** – The Westin Diplomat Resort & Spa at the Great Hall Registration
Only children 16 years or older will be admitted to the education programs including the exhibit hall.

<table>
<thead>
<tr>
<th>Day</th>
<th>Times</th>
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<tbody>
<tr>
<td>Wednesday, May 17</td>
<td>2:00 pm – 6:30 pm</td>
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<tr>
<td>Thursday, May 18</td>
<td>7:00 am – 5:00 pm</td>
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<td>Friday, May 19</td>
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<tr>
<td>Saturday, May 20</td>
<td>7:00 am – 5:00 pm</td>
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<tr>
<td>Sunday, May 21</td>
<td>7:00 am – 10:30 am</td>
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**ADVANCE REGISTRATION**
Advance registration forms must be received at the Association Post Office Box by April 25, 2006. A registration form is provided at the back of this program. Registration fees are as follows:

<table>
<thead>
<tr>
<th>Category</th>
<th>Postmarked before April 5</th>
<th>Postmarked After April 5</th>
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<tbody>
<tr>
<td>AANA Member (North American)</td>
<td>No Fee</td>
<td>No Fee</td>
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<tr>
<td>International AANA Member</td>
<td>$325</td>
<td>$350</td>
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<tr>
<td>Instructional Course Faculty</td>
<td>No Fee</td>
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<tr>
<td>Symposium/Master Lecture Faculty</td>
<td>No Fee</td>
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<tr>
<td>Podium &amp; E-Poster Presenters (non-members)</td>
<td>$325</td>
<td>$350</td>
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<tr>
<td>Military – Full Time/Active Duty</td>
<td>$325</td>
<td>$350</td>
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<td>(with letter from Commanding Officer)</td>
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<tr>
<td>Physician Non-Member</td>
<td>$650</td>
<td>$700</td>
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<tr>
<td>*Resident/Fellow (with letter from Chief of Orthopaedics)</td>
<td>No Fee</td>
<td>No Fee</td>
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<tr>
<td>Allied Health</td>
<td>$250</td>
<td>$250</td>
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Members and program participants must register even though no fee is required. **Advanced Registration closes April 25, 2006.**

**ARTHROSCOPY JOURNAL LUNCH AND COURSE** (for prospective reviewers and authors)
The editors of the Arthroscopy Journal will host a lunch for those interested in reviewing or writing papers for the Journal publication. Insight into the review process will be provided. Expectations for paper structure and content as well as reviewer objectives and responsibilities will be outlined. All registered participants will be provided with a booklet that summarizes the course and gives added instruction for both reviewers and authors. Limited to 50 participants, a box lunch will be provided. See the registration form for details.
- **Date:** Saturday, May 20
- **Time:** 12:30 pm – 1:30 pm
BUSINESS MEETINGS
Active members are encouraged to attend the business meetings.

Thursday, May 18    12:00 pm – 1:00 pm*
Saturday, May 20    12:00 pm – 12:30 pm

*A box lunch is being provided to all Active Members who attend the Thursday Business Meeting.

CASE PRESENTATIONS TO THE EXPERTS
Case Presentations are optional sessions on Saturday during lunch for registrants to discuss specific cases with selected faculty. Participants are urged to bring powerpoint slides and information on a specific case. Please register for these sessions in advance. A box lunch will be provided. Cost: $45.00 per person

CONTINENTAL BREAKFAST & COFFEE BREAKS
Continental breakfast and coffee breaks will be held in the Exhibit Hall at The Westin Diplomat Resort & Spa.

CURRENCY
Meeting registration fees are in U.S. dollars and registration must be paid in U.S. dollars.

DISCLAIMER FOR ALL PROGRAMS
The methods, techniques, and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty are on their own, and do not necessarily represent those of the Arthroscopy Association of North America (AANA), nor does presentation on the program represent or constitute endorsement or promotion by AANA.

AANA expressly disclaims any warranties or guaranties, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, techniques, opinions or procedures expressed, presented or demonstrated.

E-POSTERS (Supported by ConMed Linvatec)
E-Posters computer stations will be located in the registration area. A CD-ROM containing the E-Posters will be given out to all meeting attendees.

EXHIBITS – Great Hall 4-6
To complement the educational sessions, a variety of technical exhibits will be on display throughout the meeting.

Thursday, May 18    7:00 am – 8:30 pm
Friday, May 19      7:00 am – 10:30 am
Saturday, May 20    7:00 am – 3:30 pm

FELLOWS POSTERS
To encourage the participation of Fellows, Fellow Posters will be presented independently and judged for an award. We encourage all Fellows to submit a poster for Annual Meeting.

HOSPITALITY SUITE
THE WESTIN DIPLOMAT RESORT & SPA
A Hospitality Suite will be open at The Westin Diplomat Resort & Spa. Please stop by and meet the spouses.

Thursday, May 18    8:00 am – 5:00 pm
Friday, May 19      8:00 am – 5:00 pm
Saturday, May 20    8:00 am – 5:00 pm
Sunday, May 21      8:00 am – 12:00 pm

ACCOMODATIONS – BOOK EARLY!!
AANA has special rates at The Westin Diplomat Resort & Spa for the Annual Meeting. Room reservations should be made well in advance. Reservations can be made via telephone or online through the Diplomat web site. Please tell the reservation agent that you are with “AANA” to receive the group room rate.

Reservation phone: 1-888-627-9057
Web site: www.aana.org

Single: $229
Double/Double: $229
Additional Person: $25 per person

Housing Deadline: April 10, 2006

Resort Fee
$16 per room per night, service includes:
• Complimentary domestic long distance calls in continental United States (up to 60 minutes per call)
• Unlimited in-room internet access
• Complimentary local and calling card toll-free calls
• Access to hotel Health Club
• Complimentary in-room coffee
• Shuttle service between Country Club and Hotel

Early Departure Fee
In the event that a guest checks out prior to their reserved check-out date, The Diplomat will add an early departure fee of one (1) night room and tax to that guest’s account. To avoid an early checkout fee, guests must advise The Diplomat at or before check-in of any change in the scheduled length of stay.

INSTRUCTIONAL COURSE LECTURES
Attendance at an Instructional Course Lecture is by ticket only. The instructional course fee is $45 per course in advance and $55 per course on-site. Please see page 13 for more information.

Attendance at an Instructional Course Lecture will earn 1 ½ credit hours in Category 1 credits toward the AMA Physician’s Recognition Award.

INTERNET CAFÉ
(Supported by Regeneration Technologies, Inc.)
Need to check your E-mail? Want to show your friends the AANA website? Computers will be available for internet access in the Exhibit Hall during Exhibit hours.
MEETING OBJECTIVES
Upon completion of this meeting, participants should be able to:
1) To present the results of recent research in the field of arthroscopic surgery to practicing orthopedic surgeons.
2) To review in depth selected areas of arthroscopic surgery.
3) To discuss various intra-operative and post-operative issues.
4) Provide opportunities to strengthen professional relationships.

The method that will be used to achieve these objectives are:
1) Scientific paper presentation
2) Instructional Course Lectures
3) Symposia
4) Scientific E-Posters
5) Questions and comments from floor discussion

OPENING CEREMONY
AANA President James C.Y Chow, MD will preside over the Opening Ceremony on Thursday, May 18 at 7:55 AM. During this ceremony AANA will welcome International Presidents as well as invited International colleagues.

REGISTRATION CONFIRMATIONS
All registrations are confirmed by mail. If you have not received a confirmation prior to your departure, please contact the AANA office at 847-292-2262.

REFUND POLICY
Refunds will be subject to a non-refundable $75 processing fee. Requests for refunds must be received in writing in the Association office by April 25, 2006. NO REFUNDS WILL BE ISSUED AFTER APRIL 25, 2006. Refunds will not be made for no shows.

REGISTRATION METHODS
There are three ways to register:
- Mail completed registration forms with payment to:
  AANA
  Lockbox 619701
  PO Box 6197
  Chicago, IL  60680-6197

- FAX (24 hours a day) – PLEASE DO NOT MAIL YOUR REGISTRATION IF YOU HAVE REGISTERED BY FAX!!
  FAX: 847-292-2268

- ONLINE: www.aana.org

WIRELESS CAFÉ
You are invited to bring your laptop to the Wireless Café to view the CD ROM of the E-Posters or check your e-mail wirelessly. You will need to have a wireless card in your laptop in order to connect.

TRAVEL INFORMATION
Official Travel Agency: International Travel Services (ITS)
1-800-621-1083

The Arthroscopy Association of North American has appointed ITS as the official air travel coordinator for our Annual Meeting. ITS provides attendees with personalized, unbiased airline reservations and ticketing at the lowest available fare with one easy toll-free call. ITS will charge a minimal transaction fee of $20 per airline ticket issued. Fly on the official carrier and save!

Special guaranteed zone fares which do not require a Saturday night stay are available or get a 10% discount off unrestricted coach fare or a 5% discount off lowest applicable fares, including first class. Plus...book and ticket at least 60 days in advance of your travel dates and save an additional 5% (excluding zone fares). Guaranteed lowest available air fare, full mileage credit for all frequent flyer club members and easy payments with all major credit cards.

To obtain these discounted fares call ITS at 1-800-621-1083 between 8:00 am – 5:00 pm Central Time on Monday-Friday. United is offering special meeting discounts for attendees of the AANA conference. Simply call (or have your travel agent call) our Special Meeting Desk at 1-800-521-4041 and refer to Meeting ID Number 549KB to receive a 2 – 10% discount off applicable fares, including First Class. If you purchase your ticket at least 30 days prior to travel, you will receive an additional 5% discount. This special offer applies to travel on domestic segments of all United Airlines, United Express, TED and United code share flights (UA®) operated by US Airways, US Airways Express and Air Canada.

International attendees will receive a 10% discount off the lowest applicable fare (excluding First Class), or a 15% discount off the fully refundable, unrestricted coach fare when they call their local United Airlines reservation number and refer to meeting ID number 549KB. An additional 5% discount will apply when tickets are purchased at least 60 days in advance of your travel dates. Discounts apply to United and Lufthansa (code share) flights.

Reservationists are on duty 7 days a week, 7:00 am – 12:00 midnight EST. Mileage Plus members receive full credit for all miles flown to this meeting. Support your Association by calling one of these two numbers.

OFFICIAL CAR RENTAL: Hertz
Hertz has been appointed the official rental company for our upcoming meeting in Hollywood. Special discounted rates with unlimited mileage have been negotiated for us and are available up to one week prior and one week after the dates of our Annual Meeting. Be sure to protect your transportation needs by making reservations at least 2 weeks in advance. Call the Hertz Meeting Sales Desk at 1-800-654-2240 and identify the group name and meeting number: CV# 024M0011.
AANA/BREG Golf Tournament  
*Supported by BREG, Inc.*  
Friday, May 19  
Cost: $200.00  

A shot-gun golf tournament has been scheduled for meeting participants on Friday, May 19 at the Diplomat Country Club & Spa. A $200.00 greens fee should be returned with the registration form. This includes your round of golf, range balls, cart, prizes, food, contests and much, much more. The registration fee for each player will be donated to support the AANA Education Fund. Our sincere thanks to BREG, Inc. for organizing this event.

Registration is limited to Annual Meeting registrants only (members and non-members). Advance registration will be required with the participant’s official handicap or average score. Please note: No refunds after April 25, 2006. After this date the tournament fee will be considered a donation. Maximum number of players: 72

Reception and Live and Silent Auctions  
*Supported by Smith and Nephew, Inc., Endoscopy*  
Date: Thursday, May 18  
Time: 5:30 pm – 8:00 pm  
Location: The Westin Diplomat Resort and Spa, Exhibit Hall  
Cost: Included in registration fee

Don’t miss your chance in the Silent Auction to bid on fabulous sports memorabilia such as autographed balls, bats, hockey sticks, helmets and photographs. The Live Auction will have items such as vacations and jewelry. Join in on the fun!!

Silent Auction items will be on display and you will be able to place a bid beginning Thursday, May 18 at 11:00 am. Bidding will end at the Reception. The Live Auction will begin at 7:00 pm during the Reception. All proceeds from both auctions will be donated to support the AANA Education Fund. Our sincere thanks to BREG, Inc. for organizing this event.

25th Anniversary Gala Dessert Reception

Please join us to celebrate AANA’s 25th Anniversary with an evening of dessert and dancing. All meeting attendees and their guests are invited to celebrate.

Date: Friday, May 19  
Time: 8:30 pm – 10:30 pm  
Location: The Westin Diplomat Resort & Spa,  
Grand Ballroom 1 & 2  
Attire: Jacket & Tie (Men), Cocktail dress (Women)  
Cost: A donation to the AANA Education Fund would be appreciated to off set this evening.

A formal invitation will be sent to you after your registration has been received.
Everglades and Flamingo Gardens Tour continued

Encounter, this exhibit includes five ecosystems. Guests will also experience the birds of prey exhibit including the majestic and endangered Bald Eagle. Flamingo Gardens offers guests a chance to meet a flock of majestic pink flamingos nestled amidst tropical vegetation and sparkling waterfalls.

Cost: $96.00 per person (based on minimum of 20 people)

Miami City Tour

Saturday, May 20 10:00 am - 1:30 pm

Miami is a unique city divided into many sub-areas all seeped in History: Coconut Grove with its open-air Mediterranean Mall, South Beach Art Deco District-“THE IN PLACE”, Coral Gables and George Merrick’s vision of the ideal community, and Little Havana’s Cuban heritage. No visit to “The Magic City” is complete without touring these landmark communities.

Art Deco District

Located on Miami Beach, lovers of the unique Art Deco style of architecture will be in awe of the largest group of Art Deco buildings in America. More buildings of this period are being restored every day. Cotton candy colored hotels and apartment houses dot the square miles on South Beach, the only 20th century historic district listed in the U.S. National Register of Historic Places. This streamlined architecture and style popular in the 20’s and 30’s is enjoying a resurgence and the Art Deco District is becoming one of the East Coast’s hottest night spots.

Little Havana

No one group has had a greater impact on the Miami area than the influx of Cuban immigrants. Since the early 1960’s many Cubans have settled in the “Little Havana” area of Miami and have brought their culture with them. The heart of Little Havana is reminiscent of the character of old Havana, Cuba. Gaslight-like streetlights and brick sidewalks invite visitors for a stroll down tree-lined streets. On the south side of the Latin Quarter is S.W. 8th Street, also known as “Calle Ocho” the primary commercial corridor in Little Havana.

Vizcaya

Vizcaya, the magnificent Italian Villa on Biscayne Bay, has often been called the finest private house ever built in America. James Deering of the International Harvester Company searched the world over for the perfect climate and location for his winter home. Having picked the then small town of Miami, construction began in 1914 and as many as 1,000 artisans worked on it during the following years to create a masterpiece of architectural, interior and garden design. The splendid Renaissance, Baroque, Rococo and Neoclassical rooms, restored to their original splendor, are now open to your guests.

Cost: $55.00 per person (based on minimum of 20 people)

Tours are subject to cancellation due to lack of enrollment.

Deadline to register for all Tours is April 15, 2006
AANA 25th ANNUAL MEETING
Hollywood, Florida

May 18-21, 2006
Registration closes April 15, 2006

(please print or type)

Name ___________________________ ___________________________ ___________________________ ___________________________
(Family name - last) (first) (middle initial) (title)

Address __________________________________________________________________________________________________

City ___________________________ State _______________________________ PostalCode _____________________________

Country ________________________________________________ e-mail ______________________________________________

Office Phone ( ) _________________________________ Fax Number ( ) _________________________________

Thursday, May 18
The Art of Looking Your Best # ___________ @ no charge ___________

Thursday, May 18
Millionaries’ Row by Water Taxi # ___________ @ $85/person ___________

Friday, May 19
Everglades & Flamingo Gardens Tour # ___________ @ $96/person ___________

Saturday, May 20
Miami City Tour # ___________ @ $55/person ___________

TOTAL ENCLOSED ___________

METHOD OF PAYMENT: □ Check □ MasterCard □ Visa

American Express Card is not accepted.

Credit Card #: ___________________________ Expiration date: ___________

Signature: __________________________________________________________________________________________________

Return form and make check payable to:

Arthroscopy Association of North America
Lockbox 619701
P.O. Box 6197
Chicago, Illinois 60680-6197

Advance Registration closes April 15, 2006.
**REGISTRATION FEE SCHEDULE**

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<thead>
<tr>
<th>Category</th>
<th>Before April 5</th>
<th>After April 5</th>
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</thead>
<tbody>
<tr>
<td>ICL &amp; Symposium faculty</td>
<td>No fee</td>
<td>No fee</td>
</tr>
<tr>
<td>AANA Member (North American)</td>
<td>No fee</td>
<td>No fee</td>
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<tr>
<td>AANA International Member</td>
<td>$325</td>
<td>$350</td>
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<tr>
<td>Physician Nonmember</td>
<td>$650</td>
<td>$700</td>
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<tr>
<td>Podium &amp; E-Poster Presenter (Nonmember)</td>
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<td>$300</td>
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<tr>
<td>Military-Full Time/Active Duty***</td>
<td>$325</td>
<td>$350</td>
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<tr>
<td>Resident/Fellow**</td>
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<tr>
<td>Allied Health</td>
<td>$200</td>
<td>$250</td>
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**NOTE-Resident/Fellows:** You must have the signature of your Chief of Staff or Department head below to qualify for the reduced fee. If this blank is not signed, you will be charged the non-member fee.

**NOTE-Military:** You must have a letter submitted with the registration form from your Commanding Officer.

### Instructional Courses:

- **Addtional fee of $45 per course, $55 on-site**

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<thead>
<tr>
<th></th>
<th>Thursday 1st</th>
<th>Friday 1st</th>
<th>Saturday 1st</th>
<th>Sunday 1st</th>
<th>May 18 2nd</th>
<th>May 19 2nd</th>
<th>May 20 2nd</th>
<th>May 21 2nd</th>
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<tr>
<td>Case Presentations:</td>
<td>Circle one: (CP-1 or CP-2)</td>
<td>Saturday, May 20</td>
<td>@ $40/person</td>
<td>Saturday, May 20</td>
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<tr>
<td>Pre-Meeting Symposium:</td>
<td>Circle one: (S1 or S2 or S3)</td>
<td>Wednesday, May 17</td>
<td>@ $45/person</td>
<td>Wednesday, May 17</td>
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<td>Symposium:</td>
<td>Circle one: (S4 or S6)</td>
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<td>@ $45/person</td>
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<td>Thursday, May 18</td>
<td>@ no charge</td>
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<tr>
<td>Members Business Mtg Lunch:</td>
<td>Thursday, May 18</td>
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</table>

**TOTAL $**

*Registration fee includes Scientific Session, continental breakfast, meeting breaks, reception, and a copy of the official final program.*

### METHOD OF PAYMENT:

- [ ] Check
- [ ] MasterCard
- [ ] Visa

American Express Card is not accepted.

Credit Card #: __________________________ Expiration date: ____________

Signature: ______________________________________________________________________

Return form with payment by **April 25, 2006** to: AANA, Lockbox 619701, P.O. Box 6197 Chicago, Illinois 60680-6197 or fax with credit card: 847/292-2268. **Advance Registration closes April 25, 2006. No refunds after April 25, 2006.**

- [ ] Check here if ADA (Americans with Disabilities Act) accommodation is desired.
  
  Please specify: __________________________________________________________________

  An AANA staff person will contact you.
25th ANNUAL MEETING
May 18-21, 2006
Hollywood, Florida